

4-H Camp & Learning Centers at Tanglewood & Blueberry Cove

Downeast Farm Exploration Info and Packing List

* Check-in is from 2:30-3:30 PM on Sunday on the hill leading up from the main parking lot to the Dining Hall.
* The closing ceremony is at 2:00 PM on **Friday** — families are encouraged to attend! Check-

out immediately following the ceremony at 2:30 PM.

*(Our oﬃce/mailing address is 1 Tanglewood Road, Lincolnville. The drop-oﬀ location at camp is approximately 2 miles farther down Tanglewood Road – keep driving until you come to the large parking lot at the end of the road!)*

# Packing List:

You will be spending much of your time outdoors on this trip: cooking, sleeping in tents, chores at the farm, swimming, and nearby outdoor adventures. Although it is summer, the weather can change at any time. It is important that you bring warm clothes and plan to dress in layers. We recommend that cotton outer clothing such as denim pants and cotton sweatshirts be avoided.

Clothing made out of wool or synthetic materials are preferred because they dry much quicker. Please remember to label all clothing and belongings!

# Essential Clothing:

Duﬀel bags seem to work best for packing for this trip.

* Pull on muck boots (that have not been at another farm)
* Set of clothing for the barn (oversized overalls or coveralls work well to pull on over daily shirts and t-shirt)
* Sneakers while not working with the animals
* 5 pairs of underwear
* 5 pairs of socks (wool or synthetic strongly recommended, may need extra pairs if bringing cotton)
* 1 set of thermal long underwear — top and bottom (synthetic or wool strongly

recommended)

* 5 T-shirts
* 1 long-sleeved lightweight shirt
* 3 pairs of lightweight, quick-drying shorts
* 1 pair of lightweight, quick-drying pants
* 1 Towel (lightweight for camping)
* Swimsuit
* Hat with visor
* bandana
* 1 winter hat/beanie (wool or ﬂeece strongly recommended)
* 1 wool sweater or ﬂeece jacket
* Raincoat or poncho
* 1 pair of lightweight, waterproof rain pants (optional but strongly recommended, quick-dry pants are a decent substitute)
* 1 pair of footwear to get wet (Teva style sandals or old sneakers) — no ﬂip-ﬂops, must be able

to strap on to your foot

If your camper takes any medications, pack enough medication to last the entire camp session. **All** items should be in their original packaging, bottle, or container that identiﬁes the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration.

# Equipment:

Items with an asterisk (\*) are available to borrow from us; please call 207.789.5868 to reserve these items or with any other questions.

* \*Closed-cell sleeping pad
* \*Compact-able sleeping bag rated to 20-30 degrees F
* Pillow
* 2 leak-proof, one-quart water bottles (wide mouth preferred)
* Insect repellent
* 1 each: mug, bowl, spoon
* Flashlight/headlamp w/ extra batteries
* Toothbrush/paste, comb or hairbrush, soap
* Any other necessary toiletries or feminine hygiene products
* Sunscreen
* Small backpack for packing water, sunscreen, insect repellant and towel for oﬀsite adventures

# Other Optional Items:

* Pen/pencil and journal
* Camera
* Reading material
* Playing cards

# Please avoid bringing:

* Anything electrical/electronic
* Money or valuables
* Food
* Weapons of any kind
* Drugs, alcohol, cigarettes
* Sports equipment

